



Heart and Soul Counseling

Hi! My name is Lewis, and I want to introduce myself to you. I am a Miniature Donkey. I am only 34 inches tall. You will probably think I'm taller than that because horses and donkeys are measured at their shoulders, not up to their heads like you are. Mrs. Kim and I have passed two different Pet Partner Therapy Donkey team evaluations. We used to volunteer together, but now that she's a counselor and trained in Animal-Assisted Counseling, we get to work together in counseling and play therapy! That is why I'm writing to you today.

I have lived with Mrs. Kim and her family since 2007 when I was 7 years old. I live with two other donkeys - Fable and her baby Sonny - and a miniature horse named Rocky. We have a nice comfy barn and yard that is just right for running, rolling, and relaxing in.

I'm looking forward to meeting you. Mrs. Kim will show you how to say hello to me and help me feel safe. She will also show you how you can invite me to join with you in play therapy. I know some tricks and games - maybe you and I can invent some new ones. I'd LOVE that!

I guess that's all for now. I hope to see you soon.

Lewis

